

# Newsletter

TERM 2 : Week 9 : 20<sup>th</sup> June 2022



## From our Principal

Well, Term 2 has been another packed term 2 with a wide range of academic, sporting and cultural activities at Gilgandra High School! It has been a wonderful term filled with achievement and experience for our students and hard work from our wonderful staff.

I am especially looking forward to NAIDOC Week in Week 10 – the week is full of activities and experiences for our students and is a credit to Kimm Naden and our Aboriginal Education team, as well as all of the students who have contributed to the planning and organisation. These guys really embody the theme for 2022 'Get Up, Stand Up, Show Up.' Well done all.

There have been some really noteworthy achievements by some of our students this term.

On the sporting field, I would like to congratulate all of our participants in the Athletics Carnival who braved some pretty unpleasant weather to enjoy the day and do their best for their house. Well done to the age champions and good luck to those who are heading to the next level of competition. Special mention to Lachlan Riley for breaking his own school record in the 100 metres. Huge thanks to Mrs Jordan & Miss Rogers for their work organising the carnival across multiple days, to work around the weather.

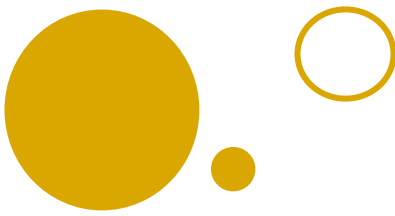
A massive congratulations to Kapene Karaitiana who made the NSW CHS U/15s Rugby League team. A huge accomplishment. It has been 12 years since we have had a student reach this level in league. Well done to Kapene. Jace Baker will also be representing Gilgandra High at this carnival as part of a combine NSW/QLD Indigenous team and this too is a sensational achievement. Well done and good luck to both students.

Congratulations as well to Alana Elsom on being successful in gaining the Harding Miller Scholarship. This is a massive achievement and a reflection of her hard work and dedication to her studies and her excellent attitude towards her education.

I am also really looking forward to our PBL Rewards Day in Week 10. Miss Jewell and her PBL team have been working really hard on organising what will be a really fun day for the students. To qualify for the Rewards Day students need to....

- Be awarded 75 tokens for positive behaviour
- Attend 85% of school days (or have legitimate absences explained by parents/carers)
- Demonstrate good behaviour with a limited number of negative behaviour referrals
- Have no outstanding N warnings





Permission notes will be distributed next week and need to be back by Monday Week 10. Students who do not qualify will continue working on subject work in collapsed classes.

Our Trivia Night Fundraiser is on the horizon too – Friday 1st July. Miss Murphy is to be commended for her tireless efforts in organising this event. I just wanted to note as well that, as per Department of Education requirements for an event like this, it will have to be an over 18s event with no students present – so leave the kids at home and come and enjoy a night of fun, music and test your trivia knowledge.

Finally, I hope everyone enjoys the last couple of weeks of term and then has a well-earned and safe break.

*Mr Tim Lloyd*  
*Principal*

## From our Parents & Citizens

At our P&C meeting last Tuesday, members were updated in relation to the advertised teaching positions – Mathematics and Special Education. We are hoping to have these positions filled ready for Term 3 commencement. We are also part of a Priority Recruitment Scheme that is run by the Dept of Education, so this will hopefully also help us in staff recruitment.

The Parent Portal has been updated to include when assignments are due for each year group. Hopefully this will help parents, and prompt students, to know when assignments are due to be handed in.

Congratulations to Kapene Karaitiana for his selection in the NSW U15 rugby league team. He will travel to Queensland later this month to compete. Also, congratulations to Jace Baker for his selection in the U15 indigenous side for rugby league.

Mr Lloyd presented us with the draft Wellbeing Policy. This policy is at the consulting stage with staff and student leaders, with the aim of this being implemented early in Term 3.

The school is also looking at updating the bell and PA system (Public Address System). At the moment, it is difficult to hear the bell and PA in various places around the school. The new system will also include the new COLA area.

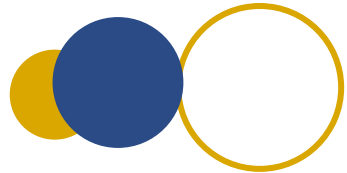
Miss Murphy and her fabulous fundraising efforts for the snow trip continue. Friday 1<sup>st</sup> July is the trivia night at the shire hall, so come and enjoy a night of fun.

Our next meeting is on Tuesday August 2<sup>nd</sup> so come along and be part of the discussion about what is happening at our school. If you cannot make the meeting in person, there is a Teams meeting link available.

*Lorraine Hutchison*  
*P&C President*







# Around our School

## Athletics Carnival







Two thirds of the Athletics Carnival was completed on Wednesday the 25<sup>th</sup> of May, until the rain at lunch time caused some events to be deemed unsafe to complete and had to be rescheduled.

Lachlan Riley broke his own record in 100m sprint that he held from last year, by an additional 0.25 of a second.

Last Thursday afternoon, the track events were completed. Over the last week, High Jump and Long Jump events were finalised.

There was a large group of students who participated in all events, so the Age Champion titles were hotly contested.

The suspense was mounting as we awaited the announcement of the 2022 Athletics Carnival.

On Tuesday of this week, we finally completed the Athletics Carnival events, and.....



..... the winners of the 2022 Athletics Carnival are.....OXLEY!!!!

- 1st - Oxley on 709 points
- 2nd - Sturt on 674 points
- 3rd - Phillip on 502 points
- 4th - Cunningham on 302 points

Well done to all the participants for their enthusiasm and patience, as we completed events over the past 3 weeks following a washed-out carnival.

The Age Champion title for each age group was a close contest with the final results as follows:

- Juvenile Girls- - Tealea Ward
- Juvenile Boys - Ryder Ryan
  
- Junior Girls - Sarah Chandler
- Junior Boys - Dylen Murray and Wyatt Wieland (equal winners)
  
- Senior Girls - Olivia Amiet
- Senior Boys - Lachlan Riley

Well done to the champions and to Oxley! A massive thank you must go to the Council for preparing the grounds and our local Little Athletics for allowing us to use some of their equipment.

*Ms Laura Jordan*  
*PDHPE Teacher / Sports Coordinator*



*Tealea Ward*



*Ryder Ryan*



*Sarah Chandler*



*Wyatt Wieland*



*Dylen Murray*



*Olivia Amiet*



*Lachlan Riley*



## Basketball

During Week 4, half of Year 7 and 8 sport competed in a friendly competition of basketball at the Youth Club.

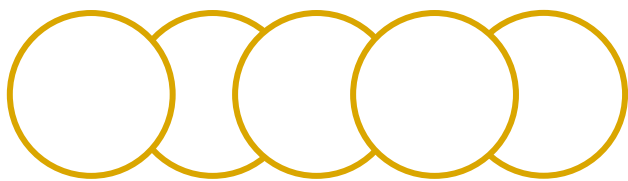
The participation, behaviour and teamwork displayed was outstanding, resulting in every participant being awarded tokens for that lesson.

Mr Godber and Mrs Jordan were proud of this group of students and look forward to awarding further tokens within sport this year.

As a part of our rewards system at Gilgandra High School, students are awarded tokens based on our Safe Respectful Achiever (SRA) goals. Each fortnight, the year group with the highest number of tokens are rewarded with a treat. Additionally, students are aiming to meet the criteria of 50 tokens, for an end of term Rewards Day.







### **Mabo Day**

### **National Sorry Day**

### **Reconciliation Week**

Commemorations were held at Gilgandra High School in recognition of National Sorry, Reconciliation Week and Mabo Day.

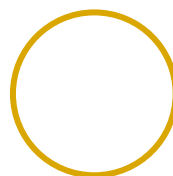
Significant events were highlighted by the whole school watching a power point presentation which signified each event, cooking of fried scones by Year 7 Wiradjuri class and our Junior AECG members raising the Torres Strait Islander Flag alongside the Australian and Aboriginal flags as a sign of recognition of Mabo Day.











# GILGANDRA HIGH SCHOOL

## NAIDOC WEEK



### PROGRAM

## 2022



GET UP!  
STAND UP!  
SHOW UP!

WEEK 10 Term 2 – Monday 27<sup>th</sup> June – Friday 1<sup>st</sup> July



Monday 27 <sup>th</sup> June	Flag Raising Ceremony Jnr AECG/SRC LOTE Students to Official NAIDOC Week Opening Balladoran Aboriginal Cultural Camp (Year 7 & 8)
Tuesday 28 <sup>th</sup> June	Formal Assembly  NAIDOC Dinner
Wednesday 29 <sup>th</sup> June	Balladoran Aboriginal Cultural Camp (Year 9, 10)
Thursday 30 <sup>th</sup> June	
Friday 1 <sup>st</sup> July	Junior AECG FETE (Lunch)





## Australian Indigenous Mentoring Experience

During Week 6, our Junior AECG members participated in a workshop with representatives from AIME.

**Australian Indigenous Mentoring Experience** - AIME's goal is to work with 10,000 Indigenous kids per year and see them finish school at the same rate as every Australian child.

AIME is an educational program that gives Indigenous high school students the skills, opportunities, belief and confidence to make this happen. By matching Indigenous high school students with university student mentors, AIME successfully supports the students to finish high school.

Students gained a firmer knowledge of what AIME is and three were so interested in the program that they are now Ambassadors for AIME, who are Najarra Naden, Courtney Harland and Jessie Riley (pictured below).

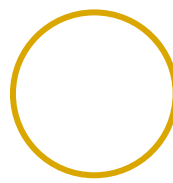


## CNS Project

Gilgandra High School has been a part of a research project with UNSW Sydney being led by Kevin Lowe and his team of researchers. The study is in its second year of teacher learning and development and during Week 7 Kevin and team lead professional learning workshops for 5 of our staff. The Culturally Nourishing Project aims to identify, plan and implement a whole-of-school approach which will underpin the development of school programs that will improve school understandings of and responses to range of social, cultural and educational forces which impact on Aboriginal students' educational experiences.







### Rugby League Success!

During Week 3 of this term, four students – Jace Baker, Kapene Karaitiana, Zac Ferguson and Corey Kaltenbacher represented at the NSW CHS Rugby League trials held in Wollongong.



*Pictured above: Jace Baker and Kapene Karaitiana*

Congratulations to Jace Baker (pictured left) who has been selected in the All Schools Indigenous Rugby League 15s Team to compete at the All Secondary Schools Championships in the first week of the school holidays at Kingscliff Queensland. Jace was selected from Aboriginal students across Queensland, New South Wales and ACT.

Kapene Karaitiana (pictured right) has been named in the NSWCHS Rugby League Team and will wear the blues jersey and represent at Redcliffe at the end of June. Congratulations Kapene!



## Wellbeing

Please remember that students here at Gilgandra High School are busy growing bodies.

Eating a healthy breakfast before starting the school day is linked to improved concentration, better test scores, increased energy, a higher intake of vitamins and minerals, and even a healthier body weight. Breakfast is especially important for young students whose brains use up about half of the body's energy.

Students are encouraged to have breakfast and food planned for the day. Parents and carers are asked to please check that their children have eaten.

There are a variety of ways to order and pay for food at the canteen with Kristy. Or, students are old enough in high school to spend some time in the morning planning and packing food for recess and lunch.

Fueling your body allows you to concentrate, gives you energy and helps you make good decisions.

## HSC Seminars

The Dubbo HSC Seminars for Year 12 were once again successful. The nine Year 12 students who attended rated the sessions as highly informative. Subjects covered included English Advanced, Standard and Extension 1, as well as Mathematics Advanced and Standard, Chemistry, Biology, PDHPE, Modern History and Hospitality.

The lecturers included many experienced HSC examiners and markers. The students who attended believe they have gained significant confidence and reassurance from attending the 2 days.

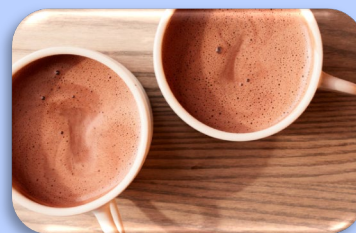
## Trivia Night

Please show your support by purchasing your tickets to the Trivia Night to be held at the Gilgandra Shire Hall on Friday, 1<sup>st</sup> July for the Year 9 & 10 Snow Trip Fundraiser.

Tickets can be purchased at the office at Gilgandra High School. Don't miss out on a fun night out for a worthy cause!

## Breakfast Club

at  
Gilgandra High School



**Monday, Wednesday, Friday**

**When:** 8:30am to 8:50am

**Where:** The HUB

**What:** Toast and Hot Chocolate

Provided by Gilgandra High School at  
no cost.

## Coming Up

**21<sup>st</sup> June**

Hear Our Heart Bus

**22<sup>nd</sup> June**

Group School Photos

**27<sup>th</sup> June to 1<sup>st</sup> July**

NAIDOC Week

**28<sup>th</sup> June**

Annual NAIDOC Dinner

**1<sup>st</sup> July**

Last day of Term 2

**1<sup>st</sup> July**

Trivia Night Snow Trip Fundraiser



FOR PARENTS AND CARERS

# THE FACTS ABOUT VAPING

There are many different styles of electronic cigarettes or 'vapes' available.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes.

**This is not true. Vapes are not safe.** Spotting vapes can be difficult because they often resemble common school items like highlighter pens, markers and USB drives. Knowing the different shapes and types of vapes is a first step to help protect young people from the risks of vaping.

## COMMON VAPES



Disposable vapes are the most common vapes used by young people. They can contain between 300 to over 4,000 'puffs' in each device. They often range in price from \$15 to \$50, depending on the number of 'puffs' the device contains. Many of these vapes contain nicotine, despite often not being labelled as containing nicotine.



Vapes can also come in pod-style or refillable devices, where the user refills the device with e-liquids or new pods containing e-liquids.

These devices don't seem to be as popular with young people.





Blooms  THE CHEMIST



## Schools Challenge

Hello everyone!

You are invited to be a part of the 2022 Dubbo Stampede, which will be held at the Taronga Western Plains Zoo on Sunday 28th August. Many of you have been part of the Stampede in the past, helping to make it a wonderful community experience. We would love for you to take part again or perhaps participate for the first time.

The Stampede Committee is pleased to again be running the Macquarie Credit Union Schools Challenge. Anyone who registers for an event at the Stampede can choose to register with a particular school; the school racking up the most registrations in their category receives \$500 and a trophy. There are three categories, so a total of \$1,500 is up for grabs!

The event that often appeals to families is the 5.3km Dingo Dash; a walk, jog or run. For the third year, the Dubbo Stampede will also include the 1.1km Wallaby Wheel – a wheelchair friendly event that loops past animals from all around the world. The 10km Cheetah Chase, the 21.1km Zebra Zoom and the 42.2km Rhino Ramble are other alternatives.

Details regarding events, times, pricing, merchandise and the registration process are available at [www.dubbostampede.com.au](http://www.dubbostampede.com.au)

An event like the Dubbo Stampede also requires many, many enthusiastic volunteers. If you think that encouraging participants or helping out is something you or your family would like to be part of, we would love to hear from you via [contact@dubbostampede.com.au](mailto:contact@dubbostampede.com.au)

We look forward to seeing as many of our local families (and your friends) as we can on Sunday 28th August.

Mandy Weeks

Macquarie Credit Union Schools Challenge Coordinator

[contact@dubbostampede.com.au](mailto:contact@dubbostampede.com.au)

#runwiththeherd



Blooms  THE CHEMIST



**MACQUARIE**  
CREDIT UNION

**Schools Challenge**

**Run with the herd!!**

**Sunday 28 August 2022**

**ENTER NOW!!**

[www.dubbostampede.com.au](http://www.dubbostampede.com.au)



## OzHarvest Mobile Market



Schedule overleaf

Tuesday 21 June – Thursday 23 June 2022

Households doing it tough are welcome to collect a hamper of fresh fruit and vegetables, free of charge.

Cap of one to two bags per household, pending supplies.

Please BYO shopping bag.

### Requirements: Covid-19 Safety

- Respectfully follow the guidance of our onsite Ambassadors.
  - Please uphold 1.5m distancing.
- Please do not handle the produce, leave this to our team.

Our team is fully vaccinated including boosters. Staff will be using hand sanitizer and wearing masks at each market. All markets are planned outdoors, weather permitting.

To get in touch please email [omm@ozharvest.org](mailto:omm@ozharvest.org) or text/call 0490 262 519.

Updated covid safety information and schedule changes: [www.ozharvest.org/omm](http://www.ozharvest.org/omm)

## OzHarvest Mobile Market



Tuesday

3.00-4.00 pm

21 June 2022

Gilgandra - Youth Club Gilgandra, 4 Hall Street

Wednesday

10.30-11.30 am

22 June 2022

Warren – Old Bowling Centre, 5 Burton Street

2.00-3.00 pm

Nyngan – 3CN Church Hall, 16 Terangion St Nyngan

Thursday

11.00-12.00 pm

23 June 2022

Coonamble – Anglican Hall - 24 Namoi Street

To get in touch please email [omm@ozharvest.org](mailto:omm@ozharvest.org) or text/call 0490 262 519

Updated covid safety information and schedule changes: [www.ozharvest.org/omm](http://www.ozharvest.org/omm)

## Harding Miller Scholarship Winner

On 30<sup>th</sup> May, Year 9 student Alana Elsom attended the Harding Miller Education Foundation award evening held at the Australian National Maritime Museum in Sydney.

The scholarship is for a female student in Year 8 going into Year 9 in a public high school who must meet strict eligibility criteria such as high academic results.

This scholarship was awarded to 162 students across Australia and Alana is one of 70 to receive this scholarship in NSW.

The HMEF scholarship will assist Alana with her schooling and is valued at approximately \$20,000 over four years. The prize includes a laptop, internet, tutoring, \$650 prepaid card for school expenses each year and mentoring from a personal coach.

Congratulations to Alana on your well-deserved scholarship.





**SNOW TRIP FUNDRAISER**

# TRIVIA NIGHT



**FOLLOWED BY LIVE MUSIC  
AND A BUSHDANCE!**



**July 1st | 6PM  
Gilgandra Shire Hall  
Over 18 years only  
Lots of prizes to be won!**

**BYO Food and  
Alcohol!  
Some light  
refreshments  
available for purchase**



**Raffle prizes**  
First place: Handmade quilt.  
Worth approx. \$400  
Second place: Load of  
firewood. Worth approx  
\$300  
Third place: Goodie bag.  
Worth approx. \$200



**TICKETS \$30 A HEAD. PURCHASE AT GILGANDRA HIGH SCHOOL.  
MAXIMUM OF 8 PER TABLE.**

Tickets must be purchased before 2pm at the school, before the tills are closed. Contact (02) 6847 2276 for any inquiries





## Coonamble Show

The Livestock Show-Team had a fantastic time at Coonamble Show, showing Bindaree Border Leicester stud sheep.

The following ribbons were won:

1st place for Pairs handled by Sarah Temple and Alana Elsom.

1st place for Woolly Ram single handled by Amelia Murray.

2nd place for Woolly Ram handled by Georgia Briggs.

Champion Ram handled by Amelia Murray.

Reserve Champion Ram handled by Alana Elsom.

1st place for Pair of Ewes handled by Clayton Fanning and Mary Westwood.

1st place for Single Ewes handled by Darcy Holland.

2nd place for Single Ewes handled by Bailey Kaltenbacher.

2nd place for pair of Ewes handled by Amelia Murray and Emma Westwood.

2nd place for Pair of Rams handled by Jack Purvis and Bobbey Jones. Champion Ewe handled by Darcy Holland.

Reserve Champion Ewe handled by Clayton Fanning.

Champion Group handled by Amelia Murray, Clayton Fanning and Georgia Briggs.



The winners of the handler's competition went to Jack Purvis, Alana Elsom, Darcy Holland, Georgia Briggs and Bobbey Jones for the amazing job they did at showing the sheep. A big thank you to Reg and Robyn Sweeney for such a brilliant day.

## Support Unit

In Term 2, in Support Food Tech lessons, we have been exploring foods from around the world. So far, we have tried recipes from Australia, Italy, Greece and France. In Weeks 8 and 9 we are researching foods from Mexico.

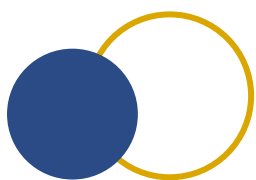
It has been wonderful to see the students get excited to learn about traditional ingredients, as well as taste new foods. There has been a buzz of excitement, as to what food will be on the menu next.











### **Principal**

Mr Timothy Lloyd

### **Deputy Principal**

Ms Ilana Austen (RLG)

### **HEAD TEACHERS**

#### **English/HSIE:**

Mrs Fiona Lambell

#### **Mathematics**

Mrs Michelle Keogh (RLG)

#### **Science**

Mrs Kristen Skewes (RLG)

#### **TAS**

Mr Russell Woollams

#### **Support:**

Mrs Caitlyn Gadsby (RLG)

#### **Wellbeing**

Mrs Meredith Schier

### **YEAR ADVISORS**

#### **Year 7**

Ms Kristen Skewes

#### **Year 8**

Ms Ilana Austen

#### **Year 9**

Miss Nicola Murphy

#### **Year 10**

Mr Andrew McCutcheon

#### **Year 11**

Ms Madde Jewell

#### **Year 12**

Miss Breanna Patton

### **P & C President**

Mrs Lorraine Hutchison

### **AECG President**

Ms Deidrie Naden

### **ARCO**

Mrs Meredith Schier

### **AEO**

Ms Kimm Naden

### **WHIN**

Ms Molly Temple



### **Cross Country**

On Wednesday 15<sup>th</sup> June, Sarah Chandler and Beatrice Davis competed in the 14 years age group at Western Region Cross Country at Geurie.

Sarah came 2<sup>nd</sup> and Beatrice came 3<sup>rd</sup>.

Both Sarah and Beatrice will now compete at State at Eastern Creek Sydney on 22<sup>nd</sup> July.

Congratulations to both Sarah and Beatrice.



### **COLA**

The construction of our COLA (Covered Outdoor Learning Area) is progressing along nicely despite some delays with the weather, and 'tools down' due to the exams being held in the hall next door! The electrical work has been completed last week.





## Mathematics

On the 9<sup>th</sup> June, several Year 12 students studying both Mathematics Standard 2 and Mathematics Advanced attended HSC seminars held at Dubbo College Senior Campus. Students were delivered seminars held by teachers from across the state, many of whom have been senior HSC markers for several years. They were provided with advice for maximising their marks, information about their HSC examinations and syllabus knowledge.

Pictured below are students from the Mathematics classes.



Year 12 are reminded that Morning Maths at 8am has moved to Tuesday mornings with Miss Patton in D9. This time is used to revise topics students are having difficulty with, as well as work through past-HSC papers.

Senior students are reminded they have access to both the Edrolo and Atomi programs to assist them in their study of mathematics.

## IXL Maths

Gain fluency and confidence in maths! IXL helps students master essential skills at their own pace through fun and interactive questions, built in support and motivating awards.

Years 7-10 have access to the IXL mathematics program. They are welcome to practice as many mathematics questions from this site as they want. The program is also used in class to reinforce the skills being taught.



## Rugby League Knockout

On Thursday the 16th of June, the Under 16s and 14s Rugby League teams travelled to Dubbo to play in the Small Schools' Knock Out. Both teams improved incredibly throughout the day, with two losses, a draw, and a win each.

At the conclusion of the day a most improved and a best and fairest player were selected:

Under 14s Most Improved – Shakyle Orcher

Under 14s Best and Fairest – Sam Dunn

Under 16s Most Improved – Elten Walker

Under 16s Best and Fairest – Corey Kaltenbacher

Thank you to the parents and staff who assisted with training and coaching, cheering, and transporting our students. It was a great day out and the boys were pumped to have played a few games of footy!

